

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

	Autumn 1 (7)	Autumn 2 (8)	Spring 1 (6)	Spring 2 (6)	Summer 1 (5)	Summer 2 (7)
Y1	<b>KEEPING/STAYING SAFE</b> Tying shoelaces	<b>KEEPING/STAYING HEALTHY</b> Assessment – Baseline Washing Hands	<b>RELATIONSHIPS</b> Assessment – Baseline	<b>FEELINGS AND EMOTIONS</b> Assessment baseline	<b>BEING RESPONSIBLE</b> Assessment baseline	<b>COMPUTER SAFETY</b> Assessment Baseline
	<b>HAZARD WATCH</b> Assessment – Baseline Is it safe to eat or drink? Is it safe to play with? Assessment - Summative	<b>ENTERPRISE</b> (XMAS FAIR)	<b>SRE</b> (HEP scheme lessons) Keeping Clean Families and Care	Mindfulness videos (Visualisation & breathing) Flower Breath Magic Cloud Butterfly Meadow Enchanted Forest		<b>ROAD SAFETY</b> (unit)
Y2	<b>KEEPING/STAYING SAFE</b> Assessment – Baseline <b>ROAD SAFETY</b> Staying safe	<b>KEEPING/STAYING HEALTHY</b> Assessment – Baseline Healthy Eating Brushing Teeth	<b>RELATIONSHIPS</b> Bullying Friendship	<b>FEELINGS AND EMOTIONS</b> Jealously Worry	<b>BEING RESPONSIBLE</b> Assessment baseline Practice makes perfect Water Spillage	<b>COMPUTER SAFETY</b> Online Bullying Image sharing
		<b>ENTERPRISE</b> (XMAS FAIR)	<b>SRE</b> (HEP scheme lessons) Differences: Gender stereotypes Differences: Male & Female	Mindfulness videos Flower Breath Magic Cloud Butterfly Meadow Enchanted Forest		<b>MONEY MATTERS</b> Assessment Baseline Money Matters
Y3	<b>KEEPING/STAYING SAFE</b> Leaning Out of Windows Assessment - Summative	<b>KEEPING/STAYING HEALTHY</b> Medicine Assessment - Summative	<b>RELATIONSHIPS</b> Body Language Touch Assessment - Summative	<b>FEELINGS AND EMOTIONS</b> Anger Grief Assessment - Summative	<b>BEING RESPONSIBLE</b> Helping Someone in need Stealing Assessment - Summative	<b>MONEY MATTERS</b> Assessment – summative
	<b>COMPUTER SAFETY</b> Making Friends Online Computer Safety Doc Assessment - Summative	<b>ENTERPRISE</b> (XMAS FAIR)	<b>SRE</b> (HEP scheme lessons) Personal Space Family Differences	Mindfulness videos Flower Breath Magic Cloud Butterfly Meadow		<b>FIRE SAFETY</b> (special unit)

LTP follows units of learning adapted from 1decision scheme and SRE units taken from Christopher Winter Project's 'Teaching SRE with confidence in Primary Schools'. Circle time (additional) timetabled weekly to discuss class/individual/whole school issues. Use of puppets, props, circle time lesson plans, strategies e.g sentence starters.

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

	Autumn 1 (7)	Autumn 2 (8)	Spring 1 (6)	Spring 2 (6)	Summer 1 (5)	Summer 2 (7)
Y4	<b>KEEPING/STAYING SAFE</b> Assessment – Baseline Cycle Safety	<b>KEEPING/STAYING HEALTHY</b> Assessment – Baseline Healthy Living	<b>RELATIONSHIPS (GROWING &amp; CHANGING)</b> Assessment – Baseline Appropriate Touch (Relationships)	<b>FEELINGS AND EMOTIONS</b> Assessment – Baseline Jealousy	<b>BEING RESPONSIBLE</b> Assessment – Baseline Coming Home on Time	<b>THE WORKING WORLD</b> Assessment – Baseline Chores at Home
	<b>COMPUTER SAFETY</b> Assessment – Baseline Online Bullying	<b>ENTERPRISE</b> (XMAS FAIR)		Mindfulness videos (Visualisation & breathing) Flower Breath Magic Cloud Butterfly Meadow Enchanted Forest		<b>A WORLD WITHOUT JUDGEMENT</b> Assessment – Baseline Breaking Down Barriers
Y5	<b>KEEPING/STAYING SAFE</b> Peer Pressure Adults' Views Children's Views	<b>KEEPING/STAYING HEALTHY</b> Smoking Adults' Views Children's Views	<b>RELATIONSHIPS (GROWING &amp; CHANGING)</b> Puberty Adults' Views Children's Views	<b>FEELINGS AND EMOTIONS</b> Anger Adults' Views Children's Views	<b>BEING RESPONSIBLE</b> Looking Out for Others Adults' Views Children's Views	<b>THE WORKING WORLD</b> Enterprise Adults' Views Children's Views
	<b>COMPUTER SAFETY</b> Image Sharing Adults' Views Children's Views	<b>ENTERPRISE</b> (XMAS FAIR)	<b>SRE</b> ((HEP scheme lessons) Male and Female Changes Puberty and Hygiene	Mindfulness videos (Visualisation & breathing) Flower Breath Magic Cloud Butterfly Meadow Enchanted Forest		<b>A WORLD WITHOUT JUDGEMENT</b> Inclusion and Acceptance Adults' Views Children's Views
Y6	<b>KEEPING/STAYING SAFE</b> Water Safety Assessment - Summative	<b>KEEPING/STAYING HEALTHY</b> Alcohol Assessment - Summative	<b>RELATIONSHIPS (GROWING &amp; CHANGING)</b> Conception Assessment - Summative	<b>FEELINGS AND EMOTIONS</b> Worry Assessment - Summative	<b>BEING RESPONSIBLE</b> Stealing Assessment - Summative	<b>THE WORKING WORLD</b> In-App Purchases Assessment - Summative
	<b>COMPUTER SAFETY</b> Making Friends Online Assessment - Summative	<b>ENTERPRISE</b> (XMAS FAIR)	<b>SRE</b> (HEP scheme lessons) Reproduction Understanding relationships/ Communicating in relationships Conception and Pregnancy	Mindfulness videos (Visualisation & breathing) Flower Breath Magic Cloud Butterfly Meadow Enchanted Forest		<b>A WORLD WITHOUT JUDGEMENT</b> British Values Assessment - Summative

LTP follows units of learning adapted from 1decision scheme and SRE units taken from Christopher Winter Project's 'Teaching SRE with confidence in Primary Schools'.  
Circle time (additional) timetabled weekly to discuss class/individual/whole school issues. Use of puppets, props, circle time lesson plans, strategies e.g sentence starters.

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

### Terms

Autumn 1 – **7 weeks** (3<sup>rd</sup> September- 18<sup>th</sup> October)

Autumn 2 – **8 weeks** (28<sup>th</sup> October – 19<sup>th</sup> December)

Spring 1 – **6 weeks** (6<sup>th</sup> January – 14<sup>th</sup> February)

Spring 2 – **6 weeks** (24<sup>th</sup> February – 3<sup>rd</sup> April)

Summer 1 – **5 weeks** (20<sup>th</sup> April – 22<sup>nd</sup> May)

Summer 2 – **7 weeks** – (1<sup>st</sup> June-17<sup>th</sup> July)

Anti-bullying week – 11<sup>th</sup>-15<sup>th</sup> November

Children's Mental Health Awareness week 3<sup>rd</sup>-9<sup>th</sup> February 2020

Safer Internet day 11<sup>th</sup> February 2020

Walk to school week 21<sup>st</sup>-25<sup>th</sup> May 2010

Road Safety week 2020 – 18<sup>th</sup> 23<sup>rd</sup> November 2020

Fire Safety assembly

Road Safety assembly

**PSHE calendar dates for 2020-2021:** These are useful dates that you may want to use as **extension activities** for the term (especially the highlighted lessons **highlighted events have links to and match the theme taught during that term.** **THE ACTUAL 1DECISION LESSONS SHOULD NOT BE CHANGED TO MATCH THESE THEMED DAYS!**

### September:

#### **14<sup>th</sup>-20<sup>th</sup>: Jeans for Genes day**

Jeans for Genes Day is fundraising day for children with genetic conditions in the UK. On Jeans for Genes day, participating schools and workplaces allow students and staff to wear jeans and casual wear to school and work instead of their usual uniforms and formal workwear.

**Link to KS1 learning theme of: BEING RESPONSIBLE (helping someone in need) and KS2 1decision learning theme of: A WORLD WITHOUT JUDGEMENT (breaking down barriers, inclusion and acceptance)**

#### **23<sup>rd</sup>-29<sup>th</sup>: Recycling Week**

The aim of the week is to encourage the public to recycle more, by demonstrating the benefits of recycling items from all around the home.

**Link to KS1 learning theme of: BEING RESPONSIBLE**

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

### **26<sup>th</sup> : European Day of Languages**

The European Day of Languages (EDL) is celebrated across Europe on the 26th of September every year. It aims to promote the rich linguistic diversity of Europe.

Link to KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT**

### **October:**

#### **18<sup>th</sup>: Anti-Slavery Day**

The Anti-Slavery Day Act 2010 is an Act of the Parliament of the United Kingdom to introduce a national day to raise awareness of the need to eradicate all forms of slavery, human trafficking and exploitation. Anti-Slavery Day is 18 October.

Link to KS1 learning theme of: **RELATIONSHIPS** and **BEING RESPONSIBLE**

and KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT** and **BEING RESPONSIBLE**

### **November:**

#### **4<sup>th</sup>: Stress Awareness Day**

National Stress Awareness Day is a great opportunity to take a moment to think about our wellbeing and find advice or support on managing stress. We've got some suggestions for how you can join the conversation about stress.

Link to KS1 and KS2 learning theme of **FEELINGS AND EMOTIONS**

#### **11<sup>th</sup> -15<sup>th</sup>: Antibullying Week**

Raise awareness of the issue of bullying among children, especially in schools.

Link to KS1 and KS2 learning theme of **RELATIONSHIPS, COMPUTER SAFETY** and **BEING RESPONSIBLE**

#### **12<sup>th</sup>: Financial Capability Week/Talk Money Week – lead up to Christmas Fair enterprise**

Talk Money Week (formerly Financial Capability Week) is the annual celebration of the work thousands of organisations are doing to improve money management across the UK. E.g. encourage their customers to talk about money, showcase their services, lead the charge to make their work more effective by turning evidence of what works into action at scale.

Link to KS1 and KS2 learning theme of **MONEY MATTERS, THE WORKING WORLD**

and **ENTERPRISE**

#### **13<sup>th</sup>: World Kindness Day**

To highlight good deeds in the community focusing on the positive power and the common thread of kindness which binds us.

Link to KS1 and KS2 learning theme of **RELATIONSHIPS, COMPUTER SAFETY** and **BEING RESPONSIBLE**

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

### December:

#### **10<sup>th</sup>: Human Rights Day**

To improve the physical, social, cultural and spiritual well being and welfare of the vulnerable group of people globally.

Link to KS1 learning theme of: **BEING RESPONSIBLE** and KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT** and **BEING RESPONSIBLE**

### January:

#### **17<sup>th</sup>: World Religions Day**

Followers of all religious faiths are encouraged to acknowledge the similarities between their faiths in order to promote harmony.

Link to KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT**

### February:

#### **17<sup>th</sup>: Random Acts of Kindness Day (During half term but could to it beforehand to link with KS1's topic of relationships)**

It is celebrated by individuals, groups and organizations, nationwide, to encourage acts of kindness.

Link to KS1 and KS2 learning theme of **RELATIONSHIPS, COMPUTER SAFETY** and **BEING RESPONSIBLE**

#### **22<sup>nd</sup>: Fairtrade Fortnight**

It ensures producers, workers and growers receive a sustainable income for their work and products so as they can improve their lives and their community.

Link to KS1 and KS2 learning theme of **MONEY MATTERS** and **THE WORKING WORLD**

#### **24<sup>th</sup>-Mar 2<sup>nd</sup>: National Eating Disorders Awareness Week (NED Awareness)**

To engage people in conversation and share resources about food, body image, and exercise issues.

Link to KS1 and KS2 learning theme of **KEEPING/STAYING HEALTHY**

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

### March:

#### **8<sup>th</sup>: International Women's Day**

The day aimed to help nations worldwide eliminate discrimination against women. It also focused on helping women gain full and equal participation in global development.

Link to KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT**

#### **12<sup>th</sup>: Comic Relief / Red Nose Day**

Comic Relief is a major charity based in the UK which strives to create a just world, free from poverty.

Link to KS1 1 decision learning theme of: **MONEY MATTERS** and **BEING RESPONSIBLE**

KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT** and **BEING RESPONSIBLE**

#### **14<sup>th</sup>: Mother's Day**

Mother's Day is a celebration honouring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society.

Link to KS1 learning theme of **RELATIONSHIPS**

### April:

#### **2<sup>nd</sup>: World Autism Awareness Day**

Aims to increase people's awareness about people, especially children, with autism.

Link to KS1 learning theme of **RELATIONSHIPS** and KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT**

### May:

#### **13<sup>th</sup>-20<sup>th</sup>: Mental Health Awareness Week**

Aims to get people talking about their mental health and reduce the stigma that can stop people from asking for help.

Link to KS1 and KS2 learning theme of **FEELINGS AND EMOTIONS**

## LONG TERM PLAN 2020-2021 - PSHE CURRICULUM, including RSE

### Walk to School Week

To raise awareness of congestion problems outside school. Parents are encouraged to walk to school with their young children as often as possible during the week and beyond.

Link to KS1 and KS2 learning theme of **KEEPING/STAYING HEALTHY**

### June:

#### 5<sup>th</sup>: World Environment Day

Encouraging awareness and action for the protection of our environment

Link to learning theme of: **BEING RESPONSIBLE**

#### 20<sup>th</sup>: Father's Day

To recognize the contribution that fathers and father figures make to the lives of their children.

Link to KS1 learning theme of **RELATIONSHIPS**

#### 21<sup>st</sup>: Refugee Week (matches, in particular, with Year 5's acceptance and inclusion topic)

To provide information which educates and raises awareness of the reality of *refugee* experiences.

Link to learning theme of: **BEING RESPONSIBLE** and **A WORLD WITHOUT JUDGEMENT**

#### 22<sup>nd</sup>: Windrush Day (BCB link too)

It is a special day to remember the first generation of people from the Caribbean, who came over to the UK by invitation to help rebuild Britain after the World War Two.

KS2 1decision learning theme of: **A WORLD WITHOUT JUDGEMENT** and **THE WORKING WORLD**

**\*\*Upper school does a Money Week/Day in the summer term, which would link with our PSHE teaching during that time. TBC**