

Self Testing Student Guide

Who is being tested and why is it important?

Keeping our Community Safe: Testing is important because you could be carrying the virus and may spread it to others. Testing all staff and pupils of secondary age and above (11+) without symptoms will support the education sector to continue to operate.

Regular testing will help break the chain of transmission.

What will I need to do?

- carry out twice weekly testing at home (3 to 4 days apart) before coming into school in the morning
- maintain 'hands-face-space', even if your test is negative

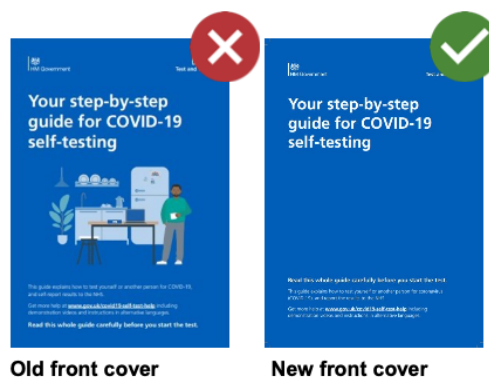
How do I collect my test?

- self-testing kits will be distributed in packs of 7
- your test kits will be given to you during period 5 if you are in years 7 to 9, or afternoon registration if you are in year 10 or 11. If you are in the 6th form you will be able to collect your tests from the 6th form study centre??
- your tutor or period 5 teacher will give you your test kits.

How do I take the LFT?

- please watch the step by step guide below:
[How to take a self-test - step by step guide](#)
- take two tests per week three to four days apart

Please note: The guidance in your test kits is out of date. You will be given the updated guidance with your test kits. Please discard the guidance in your test kit box but make sure you check there is nothing inside before throwing it away! The correct guidance to follow looks like this:-



How do I report my results?

- report result to NHS Test and Trace click [here](#) even if they are negative or void
- let the school know: **It is crucial that you inform the school of your results**, even if negative or void. To report your results, you will be sent a google form
- submit your result using the form after each test: [Self Testing Results Form](#)

What do I do if my test is positive?

- book a PCR test. You can use this link to do this: [Book a PCR test](#) .We would advise visiting a community or drive through test site as this is the quickest way to get tested, or if this is not possible you can order a home test kit.
- self-isolate until the result of your PCR test. This includes all members of your household and not just the person who has taken the test.

If you have any questions please speak to your form tutor or DSD