

## **Curriculum Intent for PSHE**

### **Intent**

At Preston Manor Lower School, we teach PSHE to help pupils to develop the essential skills to manage different influences and pressures in their lives. This subject will enable children to become socially and emotionally intelligent so that they will be able to use what they have learnt to make informed choices to help them problem solve. They will develop confidence in managing their emotions so that they can be confident in new settings and when navigating different social situations. This subject will also enable children to have a raised awareness of their physical and mental wellbeing, to develop empathy and to have the knowledge to keep them safe and healthy. They will also learn to have a respect for the world and to know what it is like to live amongst different cultures.

PSHE is organised into a long term plan identifying which units of learning will be covered across the year, ensuring that it is broad and balanced, enjoyable and engaging, challenging and meets the needs of all learners in our school. Sequenced lessons ensure that there is progression. Knowledge and skills are built upon across the half term. Progression is also clear across the year groups.

It provides opportunities for children to develop as independent, confident and successful learners, with high aspirations, who know how to make a positive contribution to their community and the wider society.

From Reception to Year 6, the children will increase their long-term memory by building a bank of knowledge and skills which they can apply across the curriculum. Through teaching these units of learning, the teachers will further develop their subject knowledge of the subjects they are teaching.

By the end of Reception, the children will know about basic hygiene, know that behaviours have consequences and how some behaviours are unacceptable, know how to play cooperatively and to form positive relationships with adults and other children. They can also talk about the similarities and differences between themselves and others.

By the end of KS1, the children will be able to develop an understanding of safe and unsafe scenarios, know the differences between healthy and unhealthy choices in order to lead a healthy lifestyle, be able to understand bullying behaviours and understand why it is important to care about other people's feelings, learn a range of skills for coping with unpleasant emotions and understand how online actions can affect others.

By the end of KS2, the children will be able to understand how to respond in an emergency, know the facts about legal and illegal harmful substances and any associated risks, recognise who to trust and not trust to seek help or advice from, recognise how to talk about their emotions and know about simple self-care techniques, know how to be a discerning consumer of information online and understand that information is ranked, selected and targeted and to respect different communities.

### **Implementation**

The curriculum incorporates the statutory requirements of the National Curriculum 2014 and other experiences and opportunities which best meet the learning and developmental needs of the children in our school.

PSHE is planned and taught for a half term, or can be taught in blocks. Educational visits and visitors are arranged to enhance the children's learning experiences. Displays will support, reflect and celebrate the children's learning.

Knowledge organisers are sent to families before the unit of learning is taught to allow the children and their family to discuss the forthcoming learning and carry out further research to support the learning. They will have the opportunity to read around the subject. It also highlights the knowledge and vocabulary the children will gain. The children will also complete a home learning project to support their learning.

CPD has been planned across the year to support the teaching and learning process, focussing on planning, challenge, questioning and developing cultural capital.

### Impact

Enjoyment of the curriculum promotes achievement, confidence and good behaviour. Children feel safe to try new things.

In PSHE, the children will be very clear about why they are learning the content taught to them. By the end of the unit of learning, the children will have acquired new vocabulary and new knowledge, which they will be able to recall and improve their long-term memory. They will be able to use the skills they have learned across the curriculum. Children will make progress over time, which will be clear in their books. The subject knowledge and pedagogy of learning for teachers will be improved. Individual teachers will have been supported through targeted CPD.