

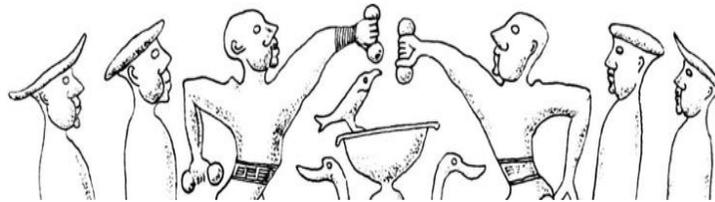
Year 3: Summer 2 2022: The History of Sports!

In this last term, we are going to explore the history of sports back dating from the Iron Age to present day. In the beginning of the year in our topic, Iron Age Britain, we focused on the discovery of iron and agriculture but this doesn't mean that the people didn't take part in games, sports, challenges and generally enjoy life.

It's all fun and games until somebody gets hurt!



Chariot racing



Dumb-bell fighting



Sword fighting

During the Iron Age, sport was as exciting as it was competitive and gave those who weren't taking part a chance to bet on the winner. Swimming was the main sport of the day: a simple routine with less rules. It would have been agreeable to try and drown your opposition to win. Water endurance tasks, such as wearing heavy items of clothing and holding your breath for as long as possible would have acted as an alternative to swimming races. Often, running would involve carrying a heavy item, like a suit of armour or an animal to make the task more endurable. Wrestling was also a favourite for the Anglo Saxon Britons but of course, there were no rules in those days, so occasionally the fight would end with either broken or dislocated limbs, and in more rare cases, deaths.

Home learning project: To make something related to the History of Sports! You could: design some sports trophies that you have come across, make a model of one of the team's jerseys/uniforms or of the stadiums where they competed, make an instruction booklet of your favourite sport. There are so many possibilities! The questions below may help you:

What did the Iron Age people do for fun? What equipment did the Iron Age people use for sports? What prizes were given for winning in the Iron Age compared to today? What did the Iron Age people wear during sports? Where did they perform these activities?

Wembley Stadium



Wembley Stadium is a football stadium in London, England. It was built from 2003 to 2007 in the same spot that the first Wembley Stadium was built. It holds 90,000 seats. The new stadium features an arch that was designed not to cast a shadow over the stadium while games are played and to help hold part of the roof up. The FA Cup final and FA Cup semi-finals are played there as well. It also hosts the League Cup final and several other English cup finals. The England national football team play their home matches here.

Other Home Learning Project Ideas:

1. Create a fact file about one of the Stadiums mentioned on this page!

https://kids.kiddle.co/Wembley_Stadium (website to help)

2. Research sports through the ages (websites to help)

<https://kids.kiddle.co/Sport>

<https://www.ducksters.com/sports.php>

<https://kids.britannica.com/kids/article/sports/390852>

Make sure you include interesting facts and images.
Make it eye-catching.



Jack Charlton and Bobby Moore: 1966 World cup heroes!



London Stadium is a multi-purpose outdoor stadium at Queen Elizabeth Olympic Park in the Stratford district of London. It was constructed for the 2012 Summer Olympics and 2012 Summer Paralympics—serving as the track and field venue. It was also used as the site of their opening and closing ceremonies.

Vocabulary

Sports, ages, history, training, hunting, spears, throwing, opponents, defending, events, chariots, racing, javelin, wrestling, discus, Olympics, stadium, changes, demolished, capacity, audience, events, arena