

19 October 2022

Dear Parents and Carers,

Support structures in Brent for the Cost of Living rises:

As we are all painfully aware, the cost of living rises are a significant concern to us all. Whether it be increased petrol prices, the rising cost of food, increases in gas and electricity or the increase in clothing costs, I am sure that we are all feeling the pinch that this period is having on us.

As well as the Preston Park Wellbeing Centre in College Road, Willow SEND in Barnhill Road and other Family Wellbeing Centres across Brent who provide a one stop shop of support in one building, I just wanted to make all of our community aware that the Lower School Parent Liaison Officer, Mrs Anita Parmar, is participating in Cost of Living sessions run by Brent Council and she will be able to provide some information and signpost any parents to support services that Brent Council is offering all residents.

If you, your family or someone you know needs information or support for anything from Council Tax, Gas and Electricity price rises, employment, homelessness risk, water bills etc, you can either go directly to a Family Wellbeing Centre near you or you can make an appointment to come in and speak to Mrs Parmar who will be able to signpost available services to you or help you access them online.

Please know that we at Preston Manor School are here to help and support in any way possible, especially during these challenging times for us all.

Yours sincerely,

Mr K Atkinson



Head of Lower School