

***Brent School Nursing Service
Reception & Year 6 National Childhood Measurement Programme
2022 / 2023***

Parent / Carer Information

The Screening Programme

National Childhood Measurement Programme (NCMP)

Each year in England, school children in Reception and Year 6 have their height and weight checked at school. The measurements will be stored in your child's healthcare NHS record. The measurements are carried out in a space away from other pupils. The emotional impact of the NCMP show that body image, self-esteem, weight-related teasing and restrictive eating behaviours do not change as a result of being measured or receiving feedback. The information from the NCMP helps the team and Brent Council to plan services for children and families.

Invitation to register with Parent Portal

Please can all parents/carers of children in Reception and year 6 register with the nationally used SchoolScreener Parent Portal. By registering, you will have access to your child's NCMP measurements and other communications from the School Nursing Team.

To register, please click the link below:

<https://app.schoolscreener.com/Portal/#/Brent/p/Bh196/139319>

Withdrawing from the Programme

Parents/Carers can opt-out of the NCMP once they have registered with the Parent Portal or by emailing (see below), ensuring you **clearly** state your child's name, year group and school.

If you do not register with the parent portal or email School Nursing to opt-out, your child may still be screened. Follow the portal instructions clearly and CLICK SUBMIT at least 48 hours before our visit.

COVID-19

Central London Community Health Care NHS Trust, Brent School Nursing Service will carry out the measurements following government advice that aligns with national and local current COVID-19 guidance for schools/NHS and infection control.

Contact details

School Nursing – CLCHT.brentsnspaduty@nhs.net. If you have any further queries about the NCMP or do not wish your child screened please contact the School Nursing service on the email above.

Parent Portal – parentsupport@schoolscreener.com if you have any further queries about the portal or issues logging into it.

There is more detailed information on the website.

<https://www.healthmatters.clch.nhs.uk/brent>

<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>