



Preston Manor Lower School Relationships, Health and Sex Education

Year 6

New Guidance

- ▶ Health and Relationships Education is mandatory in all state-funded Primary Schools starting September 2020
- ▶ Sex Education in Primary Schools remains optional, though in Year 5 and 6, the science curriculum form part of what might be considered as sex education - puberty and reproduction.
- ▶ As parents/carers, you have the right to withdraw your child from all or parts of Sex Education lessons, but not Health and Relationships Education lessons.

Sex Education Curriculum

The topics below are part of the optional Sex Education lessons (which you have a right to withdraw from):

- ▶ Conception, including IVF
- ▶ Sexual intercourse
- ▶ HIV
- ▶ Birth

The topics below are considered part of the mandatory Health Education and Science lessons:

- ▶ Naming body parts
- ▶ Changing adolescent body and puberty
- ▶ Sexual reproduction in animals

Aim of this meeting

You will have the opportunity to look at the content of these lessons, and have a discussion with the teacher, prior to them being taught.

Overview of RHSE Curriculum for Year 6:

- ▶ Conception
- ▶ Reproduction
- ▶ Understanding relationships/Communicating in relationships
- ▶ Pregnancy

Conception/Reproduction

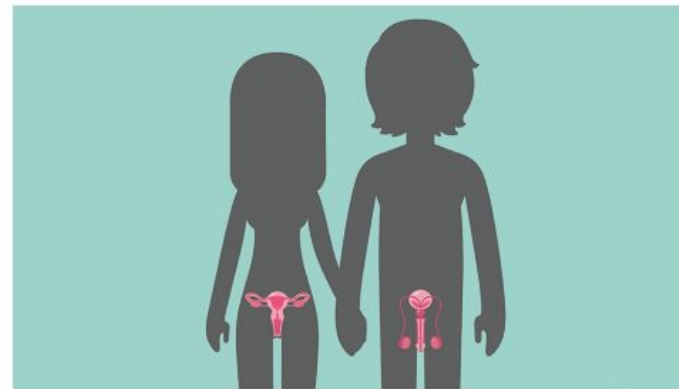
The following slides on conception are clips taken from the video that is shown to the children. They are not shown actually full nudity. This is only represented in the form of diagrams and cartoon.

The clips deal with the themes



What is the correct term for the act in which a baby is naturally conceived?

- Sexual intercourse (sex)
- Special cuddle
- Love making



Where in the male body is semen produced?

- Penis
- Testicles
- Bladder

Conception/Reproduction

True or false?

Every time adults have sex a baby is conceived.

FALSE

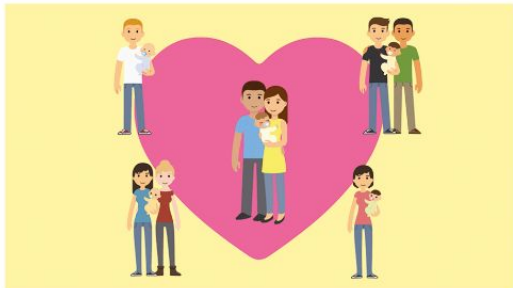
A baby is not conceived every time adults have sex. An egg from a woman is not always available for fertilization. You can research the cycle of the female egg for more information. Adults can also use contraception to prevent a baby being conceived.

True or false?

Sexual intercourse is the only way to have a baby.

FALSE

There are different ways for adults to have a baby that do not include having sex, such as IVF treatment. You may want to explore the different options.



Reproduction Questions Sheet

1. Why do our bodies change during puberty?

2. What is an egg?

3. What is menstruation?

4. What happens during a girl's monthly period?

5. What is sperm?

6. Where are sperm made?

7. How are babies made?

8. How does sperm get out of a man's body?

9. What is a wet dream?

10. How many sperm does it take to make a baby?

Relationships and Communication

In these slides are examples of learning that will be used for discussion in the classroom.

True or False



1. On Sam's twelfth birthday his mum texts him a happy birthday message with a picture of Sam in the bath aged two. His mum shouldn't have done this because he isn't wearing any clothes in the photo and now everyone will be able to see it.



Relationships and Communication

This is the written learning that will take place for relationships.

This is in addition to the constant discussion in class room with both the teacher and their peers to further their understanding of healthy relationships and unhealthy relationships.

Appropriate or Inappropriate?

Look at the scenarios below and decide if they are an example of appropriate or inappropriate touch. Colour in the traffic lights to show your decisions. Green = Appropriate touch, Red = Inappropriate touch, and Amber = Unsure.

Colour in the traffic lights when you make your decision



 <p>A family member gave Laura a kiss on the cheek.</p>	 <p>Jack punched his classmate because he broke his pencil.</p>
 <p>Sam poked Dan in the eye because he did not want to play.</p>	 <p>Chloe's friend gave her a hug because she was upset.</p>
 <p>Sana's PE teacher gave her a high five.</p>	 <p>Leah was annoyed with her sister so she pulled her hair.</p>
 <p>The team coach asked Adam to sit on his knee.</p>	 <p>Evie kicked her cousin because he called her a mean name.</p>
<p>Can you think of more examples?</p> <p>.....</p> <p>.....</p> <p>.....</p>	

Relationship Question Cards

What do we mean when we say someone is 'going out' with someone else?

What is the difference between having a 'boyfriend' and a 'friend who is a boy'?

What do we mean when we say someone has a partner?

What do we mean when we say someone has an online relationship with someone else?

What do we mean when we say someone is in a long term relationship with someone else?

What is the difference between having a 'girlfriend' and a 'friend who is a girl'?

Relationships and Communication

This is a still from a video that will be shown to the children about 2 boys who are inappropriately touched by their boxing coach.

The video does not go into any graphic sexual detail but stresses the importance of what is appropriate and inappropriate and what to do should they find themselves in a similar situation where their trust is abused.



Any Questions?