

Preston Manor Lower School Relationships, Health and Sex Education

Year 3

New Guidance

- ▶ Health and Relationships Education is mandatory in all state-funded Primary Schools starting September 2020
- ▶ Sex Education in Primary Schools remains optional, though in Year 5 and 6, the science curriculum form part of what might be considered as sex education - puberty and reproduction.
- ▶ As parents/carers, you have the right to withdraw your child from all or parts of Sex Education lessons, but not Health and Relationships Education lessons.

Sex Education Curriculum

The topics below are part of the optional Sex Education lessons (which you have a right to withdraw from):

- ▶ Conception, including IVF - year 6
- ▶ Sexual intercourse - year 6
- ▶ Birth - year 6

The topics below are considered part of the mandatory Health Education and Science lessons:

- ▶ Naming body parts
- ▶ Changing adolescent body and puberty
- ▶ Sexual reproduction in animals

Aim of this meeting

You will have the opportunity to look at the content of these lessons, and have a discussion with the teacher, prior to them being taught.

Overview of RHSE Curriculum for Year 3:

Body Language

Touch

Personal Space

Body Language

- Be able to recognise and name a range of feelings
- Understand that feelings can be shown without words
- Be able to see a situation from another person's point of view
- Understand why it is important to care about other people's feelings



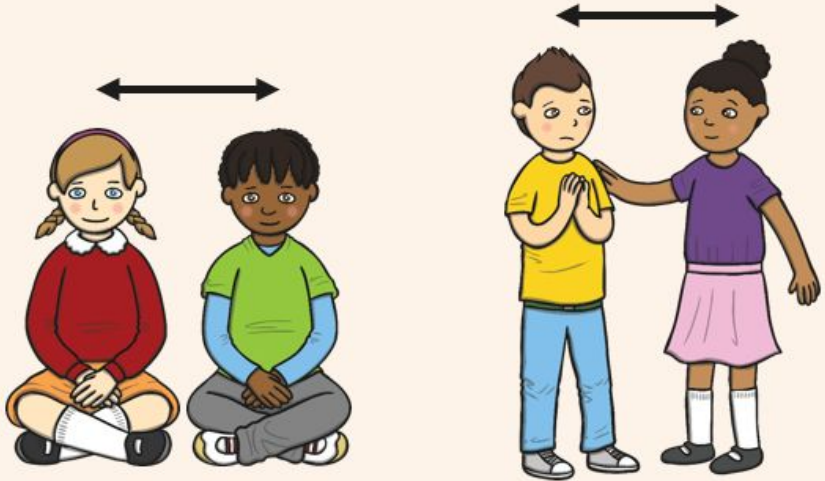
Touch

- Understand the difference between appropriate and inappropriate touch
- Know why it is important to care about other people's feelings
- Understand personal boundaries
- Know who and how to ask for help
- Be able to name human body parts



Personal space

Sitting or standing too close to other people might be uncomfortable for them.



Being too close to someone is called being in someone's personal space.

