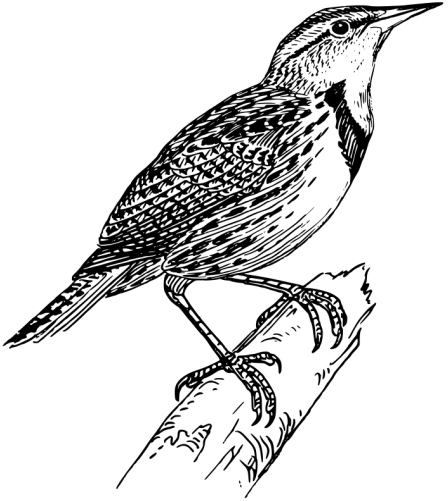


E-Safety

Family advice leaflet



LARK

As a starting point for acceptable behaviour online, our children all need to follow the LARK checklist.

Keep it LARK

- Legal
- Appropriate
- Responsible
- Kind

STUDENT ACCEPTABLE USE

A description of what is acceptable and what is not acceptable when using electronic technology in the school community.

Download a pdf version of the Student Acceptable Use Agreement from the school e-safety page.



www.ceop.police.uk



Preston Manor School
Carlton Avenue East
Wembley
London HA9 8NA



E-SAFE AT HOME

The ever increasing availability of electronic devices, including desktop computers, smart phones, tablets, chromebooks and tablets, gives students a huge variety of fantastic learning tools, but an even larger variety of potential distractions.

The school has produced this simple set of recommendations for safe and productive use of IT at home.

KEYPOINTS

- Have a curfew on screen time. As a family, decide on a time when digital devices are turned off .
- The school recommends that your home computers are situated in social parts of the home, where it is easier to keep an eye on what your child is doing.
- Create a routine where your children hand in their mobile devices. Every evening mobile devices are placed in

adult care.

- Take charge of the chargers. This will reduce the likely-hood of mobile devices being smuggled into bedrooms.
- If your child has a mobile device with a pattern lock/ pass code make sure you know it and check their interactions.
- Make time to review your child's electronic communications and social media use. Discuss with your child any elements you think are inappropriate.

ADVICE

- iTunes and google play accounts are age restricted. If your child is not 13, they should not have their own account.
- iTunes and google both like to link to a bank account. You do not need to use your own banking details for your child's account. You can create iTunes and google play accounts with a voucher. The vouchers are available from supermarkets

and other high street shops.

- You should not share your account password with your child.
- Ensure your child has applied appropriate share settings. If you are not sure: do not allow it.
- Leave time for reading books (at least 30 minutes of fiction or non fiction reading a day is recommended (Key Stage 3 and 4)).
- If you need to report a problem, social network services all have abuse reporting systems.
- Check if your Internet Service Provider provides a free web filter.
- If you are using google chrome, enable 'safe searching.'
- If your child is ever the victim of web abuse, make sure it is:
 - reported
 - recorded
 - not responded to

