

Preston Manor Lower School Relationships, Health and Sex Education

Year 3

New Guidance

- ▶ Health and Relationships Education is mandatory in all state-funded Primary Schools starting September 2020
- ▶ As parents/carers, you have the right to withdraw your child from all or parts of Sex Education lessons, but not Health and Relationships Education lessons.
- ▶ There is only 1 element of sex education, which happens in Year 6. Year 6 parents can withdraw their child from this if they wish.

Aim of this meeting

You will have the opportunity to look at the content of these lessons, and have a discussion with the teacher, prior to them being taught.

Overview of RHSE Curriculum for Year 3:

Body Language

Touch

Personal Space

Body Language

- Be able to recognise and name a range of feelings
- Understand that feelings can be shown without words
- Be able to see a situation from another person's point of view
- Understand why it is important to care about other people's feelings



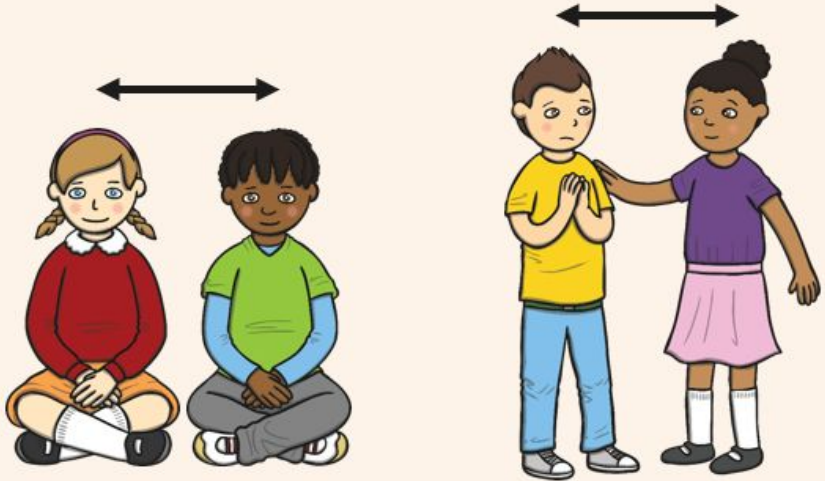
Touch

- Understand the difference between appropriate and inappropriate touch
- Know why it is important to care about other people's feelings
- Understand personal boundaries
- Know who and how to ask for help
- Be able to name human body parts



Personal space

Sitting or standing too close to other people might be uncomfortable for them.



Being too close to someone is called being in someone's personal space.

