



# Preston Manor Lower School Relationships, Health and Sex Education

## Year 2

## New Guidance

- ▶ Health and Relationships Education is mandatory in all state-funded Primary Schools starting September 2020
- ▶ As parents/carers, you have the right to withdraw your child from all or parts of Sex Education lessons, but not Health and Relationships Education lessons.
- ▶ There is only 1 element of sex education, which happens in Year 6. Year 6 parents can withdraw their child from this if they wish.

## Aim of this meeting

You will have the opportunity to look at the content of these lessons, and have a discussion with the teacher, prior to them being taught.

### Overview of RHSE Curriculum for Year 2:

- ▶ Bullying
- ▶ Friendship
- ▶ Differences: Gender stereotypes
- ▶ Differences: Male and Female

# Bullying



## Bullying

### Learning Outcomes

By the end of the lesson, you should:



- Be able to name a range of feelings
- Understand why we should care about other people's feelings
- Be able to see and understand bullying behaviours
- Know how to cope with these bullying behaviours

**Now that you've watched the first part of the video, as a class, group, or in pairs, discuss the following:**

- What is happening in the clip?
- Why do you think Bailey took the book Jack was reading?
- How do you think each of the characters are feeling?
- Should Bailey listen to his friend D'Andre?

Dear Deedee

A girl in my class at school is getting bullied everyday and they seem really upset.

I think I should tell someone but I don't want to get in to trouble.

What should I do?

from, Frankie x

I CAN BE KIND BY SAYING POSITIVE THINGS ABOUT SOMEONE



# Friendship



## Friendship

### Learning Outcomes

By the end of the lesson, you should:

- Understand how to be a good friend
- Be able to recognise kind and thoughtful behaviours
- Understand the importance of caring about other people's feelings
- Be able to see a situation from another person's point of view

Lily and Mia are having a joint birthday party. Mia wants to invite her friend James but Lily tells her she isn't allowed to because she doesn't like him.



**Unkind**

**Kind**



- Why do you think the boy agreed to play his friend's game?
- What might the boys be thinking and feeling now?
- What might have happened if the boys hadn't agreed on the game?
- Has this situation affected their friendship?

**Speak to a trusted adult**

**Apologise if you have been unkind**

**Count to 10**

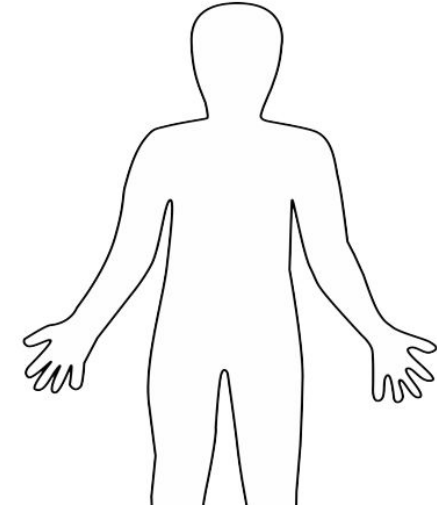
**Take some time out**

**Write a letter to your friend to explain how you feel**

**Think about ways to resolve the problem.  
For example: you may find a way to share or play nicely**

## Design the Perfect Friend

Nobody is perfect, but if you could design the perfect friend, what would they look like? How would they act? Use the space below to draw and describe your perfect friend.



# Gender Stereotypes

## Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do



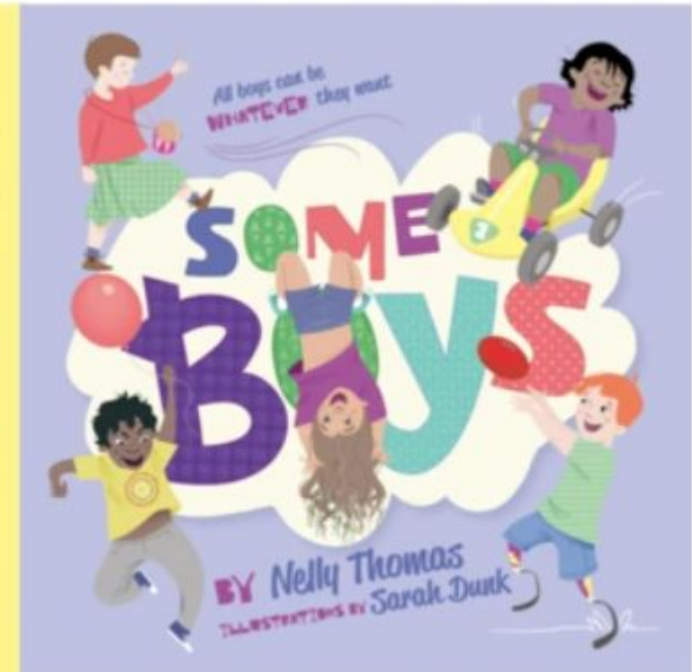
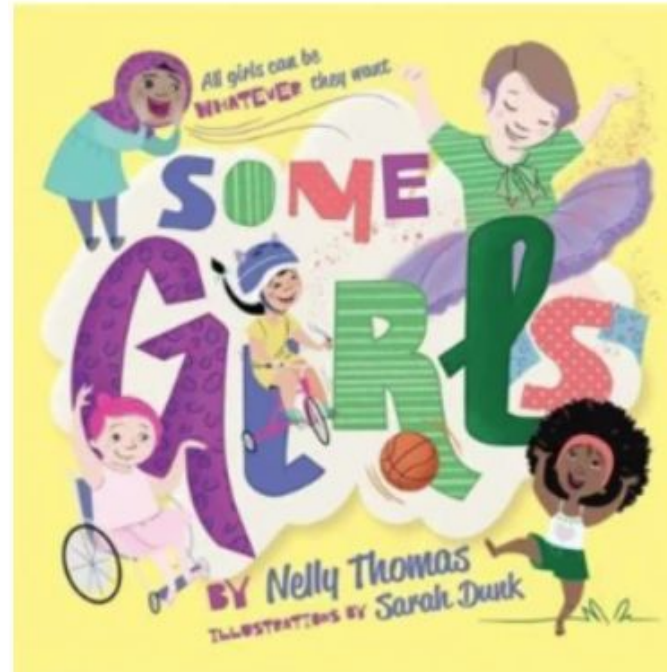
For girls?



For boys?



For both?



Is it always true that only boys wear trousers?  
Does anyone know any males with long hair?

# Differences: Male & Female

## Learning Outcomes

Describe some differences between male and female animals

Describe the physical differences between males and females



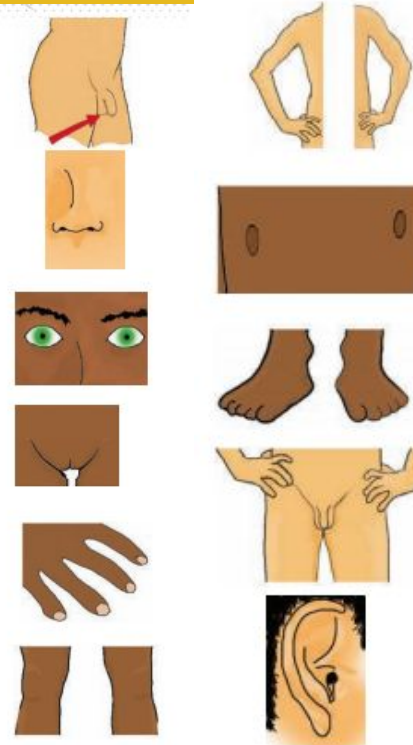
How can we tell whether a baby is a male or female when it is first born?



As with male and female animals, humans also have different private parts and this is another way we can tell them apart.

Reinforce that we cannot always tell who is a boy or girl by what they wear, like or do!

For most animals it isn't as easy to tell and we need to look at other parts of their body.



Most body parts are the same for males and females, only the private parts are different.

Word Box: Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina