

Monday 7<sup>th</sup> October 2024

Dear Year 6 Parents and Carers,

**Swimming Lessons in November and December 2024 – daily for 2 weeks**

Children in Year 6 will **swim daily for a two week period.**

<b>6 Poplar</b>	<b>6 Rowan</b>
Mon 18 <sup>th</sup> Nov	Mon 2 <sup>nd</sup> Dec
Tues 19 <sup>th</sup> Nov	Tues 3 <sup>rd</sup> Dec
Weds 20 <sup>th</sup> Nov	Weds 4 <sup>th</sup> Dec
Thurs 21 <sup>st</sup> Nov	Thurs 5 <sup>th</sup> Dec
Fri 22 <sup>nd</sup> Nov	Fri 6 <sup>th</sup> Dec
Mon 25 <sup>th</sup> Nov	Mon 9 <sup>th</sup> Dec
Tues 26 <sup>th</sup> Nov	Tues 10 <sup>th</sup> Dec
Weds 27 <sup>th</sup> Nov	Weds 11 <sup>th</sup> Dec
Thurs 28 <sup>th</sup> Nov	Thurs 12 <sup>th</sup> Dec
	Fri 13 <sup>th</sup> Dec

They will be swimming at New Barnet swimming pool and the lessons will be from **10:45am - 11:30am**. The children will be getting a coach to and from swimming every day. As the lesson will be starting at 10:45am means that the children will **need to be at school promptly to leave in good time.**

Children who are late for school would miss the lesson. It would be best if children wore their swimming costume underneath their school clothes so that they can get ready for swimming quickly on arrival at the pool. Don't forget to pack underwear in their bags for getting changed after their swimming lesson.

The fact that the children will be going swimming everyday will mean that costumes and towels will need to be hung out to dry every afternoon so that they are dry for the next day. I hope that this will not cause too much difficulty for our families. The swimming teacher has assured me that learning to swim over a shorter, more intensive program is more beneficial than weekly lessons over a longer period of time as the children are building up their skills daily and aren't having to relearn any forgotten skills.

Thank you all for your continued support.

Yours sincerely,



Mr K Atkinson (Head of the Lower School)

## GUIDANCE ON SUITABLE SWIMWEAR

- Swimming hats/caps are recommended for all children, especially for long hair.
- Goggles are allowed as they make the swimmer more comfortable in the water.
- Swimming trunks, briefs or all in one swimming suits are appropriate.
- Loose or baggy shorts are not allowed. Board shorts or long legged shorts are not allowed.
- A towel for drying is also essential.

