

***Brent School Nursing Service  
Reception & Year 6 National Childhood Measurement Programme  
2024 - 2025***

*Parent / Carer Information*

### **The National Childhood Measurement Programme (NCMP)**

The National Child Measurement Programme (NCMP), also known as the school height and weight checks, is a mandated annual programme delivered by local authorities. It involves measuring the height and weight of all school children in reception and year 6.

Every year in England, school children in reception and year 6 have their height and weight checked at school as part of the mandated National Childhood Measurement Programme (NCMP). Height and weight measurements are used to calculate weight status. We collect this information to build a picture of how children are growing, to help plan better health and leisure services for families. The checks are carried out by the School Nursing team. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

The wellbeing of children and families is very important. Measurements are conducted in a sensitive way. Individual results are not shared with your child or their school. The weight and height information is shared only with you, via a parent feedback letter. It is your choice to share or not share the information with your child.

### **Invitation to register with Parent Portal**

In order to access your child's measurement feedback letter, please register with SchoolScreener Parent Portal. This will enable you to see the results and other communications from the School Nursing Team.

To register, please click the link below:

<https://parent.schoolscreener.com/Br330/139319>

### **Withdrawing from the Programme**

Children will not be made to take part on the day if they do not want to. If you are happy for your child to be measured, you do not need to do anything.

Parents/Carers can opt-out of the NCMP once they have registered with the Parent Portal or by emailing (see below), ensuring you **clearly** state your child's name, year group and school.

**If you do not register with the parent portal or email School Nursing to opt-out, your child may still be measured. Follow the portal instructions clearly and CLICK SUBMIT at least 48 hours before our visit.**

### **Contact details**

School Nursing – [clcht.brentsnspaduty@nhs.net](mailto:clcht.brentsnspaduty@nhs.net). If you have any further queries about the NCMP or do not wish your child to be measured, please contact the School Nursing service via the email above.  
Parent Portal – [parentsupport@schoolscreener.com](mailto:parentsupport@schoolscreener.com) if you have any further queries about the portal or issues with registration or log-in.

*There is more detailed information on the website.*

<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>