

Preston Manor Lower School Relationships, Health and Sex Education

Year 1

New Guidance - information we share with parents

- ▶ Health and Relationships Education is mandatory in all state-funded Primary Schools starting September 2020
- ▶ There is reviewed guidance, which must be implemented by September 2026.
 - ▶ Review includes
 - ▶ Add personal boundary language
 - ▶ Introduce inappropriate behaviour examples
 - ▶ Time-online affects feelings
 - ▶ From September 2026, teaching children how to stay safe around railways is a statutory element of the RSHE curriculum.
- ▶ As parents/carers, you have the right to withdraw your child from all or parts of Sex Education lessons [Year 6], but not Health and Relationships Education lessons.

Sex Education Curriculum - information we share with parents

These topics are part of the optional Sex Education lessons (which you have a right to withdraw from):

- ▶ Conception, including IVF - year 6
- ▶ Sexual intercourse - year 6
- ▶ Birth - year 6

These topics are considered part of the mandatory Health Education and Science lessons:

- ▶ Naming body parts
- ▶ Changing adolescent body and puberty
- ▶ Sexual reproduction in animals

Aim of this meeting

You will have the opportunity to look at the content of these lessons, and have a discussion with the teacher, prior to them being taught.

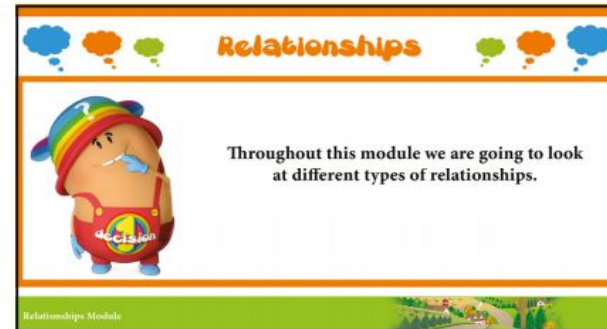
Overview of RSHE Curriculum for Year 1:

- ▶ Who is special to me?
- ▶ What makes me special?
- ▶ Keeping Clean
- ▶ Families and Care

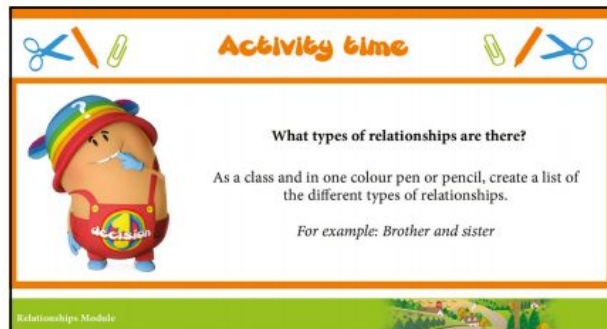
Who is special to me?/What makes me special?



1 Starting point for this module.



2 Introduction to the module.



3 Ask your students to name different types of relationships and make a note of their answers.



4 Share Deedee's ideas with your students.

Who is special to me?/What makes me special?

Discussion time



Let's celebrate how special and unique we all are.

Our country is filled with special families from all over the world.

Relationships Module

17 Share the on-screen information with your students.

Discussion time



As a class, small group, or in pairs, discuss the following:

- We all have special people/things. How can we show that we care about our special people/things?
- Do people always treat each other well?
- Can there be times when people are mean to one another?
- Can mean behaviour cause a relationship to be unhealthy?

Relationships Module

18 Use the prompts on screen to continue a discussion with your students.

Any questions ?