

## PRESTON MANOR SCHOOL

Upper School Site: Carlton Avenue East, Wembley, HA9 8NA  
Head of Upper School: Mr. Tom Phillips  
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Lower School site: Princess Avenue (off Carlton Avenue East), Wembley, HA9 8LZ  
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**Executive Headteacher:** Mr. Russell Denial | Website: [www.preston-manor.com](http://www.preston-manor.com)



Tuesday 2<sup>nd</sup> December 2025

### RHSE Lessons in Year 2

Dear Parents/Carers,

Next half term, the children will be learning about Relationships, Health and Sex Education [RHSE], at an age appropriate level, in their PSHE lessons. You have already had an opportunity to look at the resources that will be used in these lessons.

The Relationships and Health sections are statutory and all children will be taught these lessons. The Sex element of the lessons is not statutory. This means that you can withdraw your child from the lessons. [Only Year 6 are taught this part.]

**Year 2 children will focus on the Relationships and Health sections of RHSE. In the Relationships section, children will learn to understand the importance of caring about others' feelings, as well as their own. They will learn to identify bullying as a repeated unkind or aggressive behaviour and they will learn about who they can speak to if someone they know is being bullied. Year 2 children will also explore the topic of friendship, learn how to be a good friend, and understand that friends can disagree or fall out at times but that there are ways to resolve disagreements. In the Health section, children will learn about gender differences, including the difference between male and female babies, animals and body parts, using the correct terms.**

*The revised RHSE programme [July 2025] places a stronger emphasis on kindness, respect, personal boundaries and consent, while also helping pupils recognise unsafe behaviour, bullying and harassment in age-appropriate ways. Online safety has been expanded to cover fake or altered content, online pressure, and the emotional impact of internet use. Children will also learn more about emotional regulation, resilience and how to seek help when needed. This has already been incorporated into our teaching.*

The slides from the parent meeting have been emailed to you and are on the website.

There are no Sex elements in the RHSE lessons taught to Year 2 children, therefore **all PSHE lessons are statutory.**

Thank you for continuing to support your child's learning.

Yours sincerely,

Qudsia Siddique  
Deputy Head of the Lower School

