

PRESTON MANOR SCHOOL

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Lower School site: Princess Avenue (off Carlton Avenue East), Wembley, HA9 8LZ
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Tuesday 2nd December 2025

RHSE Lessons - Year 6

Dear Parents/Carers,

Next half term, the children will be learning about Relationships, Health and Sex Education [RHSE], at an age appropriate level, in their PSHE lessons. You have already had an opportunity to look at the resources that will be used in these lessons.

The Relationships and Health sections are statutory and all children will be taught these lessons. The Sex element of the lessons is not statutory. This means that you can withdraw your child from the lessons. [Only Year 6 are taught this part.]

In the Relationships section of the RHSE lessons, Year 6 children will consider when it is appropriate to share personal or private information in a relationship and explore positive and negative ways of communicating in a relationship. In the Health section, children will name and describe the function of the female and male reproductive systems.

The following are the Sex elements of the RHSE lessons, which you have the right to withdraw your child from: Year 6 children will learn about the terms conception and reproduction, explain the different stages of pregnancy, and identify the various ways adults can have a child, including IVF.

If you would like to withdraw your child from the Sex part of the lessons, please write to Mr. Atkinson explaining your decision.

The revised RHSE programme [July 2025] places a stronger emphasis on kindness, respect, personal boundaries and consent, while also helping pupils recognise unsafe behaviour, bullying and harassment in age-appropriate ways. Online safety has been expanded to cover fake or altered content, online pressure, and the emotional impact of internet use. Children will also learn more about emotional regulation, resilience and how to seek help when needed. This has already been incorporated into our teaching.

The slides from the parent meeting have been emailed to you and are on the website.

Thank you for continuing to support your child's learning.

Yours sincerely,

Qudsia Siddique
Deputy Head of the Lower School