

PRESTON MANOR SCHOOL

Upper School Site: Carlton Avenue East, Wembley, HA9 8NA
Head of Upper School: Mr. Tom Phillips
Email: info@preston-manor.com | Tel: 020 8385 4040

Lower School site: Princess Avenue (off Carlton Avenue East), Wembley, HA9 8LZ
Head of Lower School: Mr. Kevin Atkinson
Email: lowerschooladmin@preston-manor.com | Tel: 020 8385 4089

Executive Headteacher: Mr. Russell Denial | Website: www.preston-manor.com



Tuesday, 14th July 2026

Dear Year 5 Parents and Carers,

Swimming lessons start on
September 7th and
September 14th.

The children will walk to Wembley Leisure Centre, accompanied by their class teacher and one other member of staff. They will leave school at 9.45am and return to school by 12.30.

The children need to wear appropriate swimming attire:

- Boys are required to wear **fitted short swimming trunks**, no baggy trunks allowed.
- Girls are required to wear a **one or two piece swimsuit**, no bikinis allowed.
- **All children are required to wear a swimming hat**. These can be purchased from sports retailers.
- **Swimming goggles** may be worn.
- A **towel** is essential for drying.

<u>5 Maple</u>	<u>5 Willow</u>
Monday 7 th Sept	Thursday 10 th Sept
Monday 14 th Sept	Thursday 17 th Sept
Monday 21 st Sept	Thursday 24 th Sept
Monday 28 th Sept	Thursday 1 st Oct
Monday 5 th Oct	Thursday 8 th Oct
Monday 12 th Oct	Thursday 15 th Oct
Monday 2 nd Nov	Thursday 5 th Nov
Monday 9 th Nov	Thursday 12 th Nov
Monday 16 th Nov	Thursday 19 th Nov
Monday 23 rd Nov	Thursday 26 th Nov

Children are not allowed to enter the pool wearing any jewellery, including watches, necklaces, bracelets or earrings. As school staff are unable to take responsibility for children's jewellery, please ensure that all such items are left at home on your child's swimming day. It is advisable for your child to have an extra plastic bag for their wet towel and costume.

Please note that children are allowed to bring a bottle of **water** to school which they may then take with them to their swimming lesson. Fizzy drinks and juice drinks **are not** permitted. **No food is allowed.**

If your child is well enough to be at school, he/she will attend the swimming lesson unless there is a valid reason for him/her not to attend. Children can swim if they have a cold.

As the children are representing the school on their walk, and while they are at the pool, good behaviour is expected at all times to ensure the children are safe. They must follow all adult instructions immediately. If children do not display good behaviour and are not following the instructions of the adults, they will miss the next swimming lesson, or more, depending on the severity of the behaviour. If you have any questions, please feel free to see myself or the Year 5 staff. Please note there is **no charge** for the swimming lessons.

Thank you all for your continued support.

Yours sincerely

Mr K Atkinson (Head of the Lower School)

GUIDANCE ON SUITABLE SWIMWEAR

- Swimming hats/caps are recommended for all children, especially for long hair.
- Goggles are allowed as they make the swimmer more comfortable in the water.
- Swimming trunks, briefs or all in one swimming suits are appropriate.
- Loose or baggy shorts are not allowed. Board shorts or long legged shorts are not allowed.
- A towel for drying is also essential.

