

PRESTON MANOR SCHOOL

Upper School Site: Carlton Avenue East, Wembley, HA9 8NA
Head of Upper School: Mr. Tom Phillips
Email: info@preston-manor.com | Tel: 020 8385 4040

Lower School site: Princess Avenue (off Carlton Avenue East), Wembley, HA9 8LZ
Head of Lower School: Mr. Kevin Atkinson
Email: lowerschooladmin@preston-manor.com | Tel: 020 8385 4089



Executive Headteacher: Mr. Russell Denial | Website: www.preston-manor.com

Tuesday, 14th July 2026

Dear Year 6 Parents and Carers,

Swimming Lessons in September/October – daily for 2 weeks

Children in Year 5 will swim daily for a two-week period as part of the PE Curriculum.

<u>6 Poplar</u>	<u>6 Rowan</u>
Monday 14 th September	Monday 28 th September
Tuesday 15 th September	Tuesday 29 th September
Wednesday 16 th September	Wednesday 30 th September
Thursday 17 th September	Thursday 1 st October
Friday 18 th September	Friday 2 nd October
Monday 21 st September	Monday 5 th October
Tuesday 22 nd September	Tuesday 6 th October
Wednesday 23 rd September	Wednesday 7 th October
Thursday 24 th September	Thursday 8 th October
Friday 25 th September	Friday 9 th October

They will be swimming at New Barnet swimming pool and the lessons will be from **10:00am – 10:45am**. The children will be getting a coach to and from swimming every day. As the lesson will be starting at 10:45am it means that the children will **need to be at school promptly to leave at 9:00am**. They should be back in school by 12:00.

- Children who are late for school would miss the lesson.
- It would be best if children wore their swimming costume underneath their school clothes so that they can get ready for swimming quickly on arrival at the pool.
- **Don't forget to pack underwear in their bags for getting changed after their swimming lesson.**
- Bring a carrier bag to put the wet towel and wet costume in.

The fact that the children will be going swimming everyday will mean that costumes and towels will need to be hung out to dry every afternoon so that they are dry for the next day. I hope that this will not cause too much difficulty for our families. The swimming teacher has assured me that learning to swim over a shorter, more intensive program is more beneficial than weekly lessons over a longer period of time as the children are building up their skills daily and aren't having to relearn any forgotten skills.

Thank you all for your continued support.

Yours sincerely,

Mr K Atkinson (Head of the Lower School)

GUIDANCE ON SUITABLE SWIMWEAR

- Swimming hats/caps are recommended for all children, especially for long hair.
- Goggles are allowed as they make the swimmer more comfortable in the water.
- Swimming trunks, briefs or all in one swimming suits are appropriate.
- Loose or baggy shorts are not allowed. Board shorts or long legged shorts are not allowed.
- A towel for drying is also essential.

