

PRESTON MANOR SCHOOL

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Head of Upper School: Mr. Tom Phillips
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Lower School site: Princess Avenue (off Carlton Avenue East), Wembley, HA9 8LZ
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Monday, 28th September 2026



Height and Weight Measurements of Reception and Year 6 Children

Meeting on Wednesday 30th September at 2.45pm

Dear Parents and Carers,

We are writing to let you know about the **National Child Measurement Programme (NCMP)**, which takes place in schools across England each year. The programme helps the NHS understand the health and wellbeing of children and young people by measuring the **height and weight** of children in Reception and Year 6.

The measurements are carried out by trained healthcare professionals and are quick, simple and carried out sensitively. The information collected helps the NHS understand patterns in children's growth and plan health services for children and families. Parents and carers will receive information about the programme and will be able to find out more about their child's individual measurement if they wish to do so.

We understand that parents may have questions about how the measurements are taken, how the information is used and what the results mean. We will therefore be holding a **short information meeting for Reception and Year 6 parents and carers on Wednesday 30th September at 2:45pm.**

The meeting will provide an opportunity to explain the programme, answer any questions you may have and ensure that you feel fully informed about what will happen.

Meeting details:

Date: Wednesday 30th September

Time: 2:45pm

Venue: Lower school hall

We hope you will be able to join us.

Thank you for your continued support.

Yours sincerely,

Mrs. S. Bharj

Lower School Welfare Officer